

Trauma and Toxic Stress:

Preventing Child Maltreatment and Supporting Families by Being Trauma-Informed.



Ottawa County Stop Child Abuse and Neglect Council Celebration Breakfast and Professional Development day

Celebration Breakfast Highlighting Council Accomplishments and Professional Development training on the impact of trauma and toxic stress and how to build resilience against child maltreatment and adverse childhood experiences.

When: April 28, 2015

Time: Registration starts at 8am

Training starts at 8:30am and goes until 4pm.

Where: Macatawa Bank Community Resource Room

141 East 8th Street, Holland, MI 49423

Parking: Free parking is available in the structure on 7th street across the street from the bank. Please do not park in bank parking lot.

COST: the cost for the program is \$15 and includes lunch and CEUS.

RSVP at <http://capmonthandfamilyresilience.eventbrite.com>

Questions: Contact Leigh Moerdyke at 616-396-2301



Agenda

- 8am Registration
- 8:30am Celebration Breakfast and Introduction of Local Council Network and Ottawa County SCAN Council Efforts and Release of the New 3-year Strategic Plan.
- 9:15 am Adverse Childhood Experiences (CTF Mike Foley)
- 10am Break
- 10: 15am Trauma and Toxic Stress: Brain Impacts (Community Mental Health)
- 11:15 am 5 Steps to Protecting your Children (CAC Mary Ann Rutherford)
- 12:30pm Lunch
- 1pm Strengthening Families Protective Factors and Building Strong Families (Lakeshore Little People's Place Colleen Macy)
- 2 pm Secondary Trauma and Creating Personal and Community Action Steps. (Community Mental Health)

After Attending the training participants will learn:

- The current efforts in Ottawa County to prevent child maltreatment
- How to get involved in the prevention of child maltreatment
- What are adverse childhood experiences and the lasting impacts of those experiences
- The impacts of trauma and toxic stress on the developing brain
- Ways to build safe guards and buffers for children and families
- How to take personal and agency action steps to prevent secondary trauma and building strengths in families

Registration fee for the program is \$15

MCBAP and Social Work CEUS will be provided.

Register for the conference at: <http://capmonthandfamilyresilience.eventbrite.com>

